



# FALCON'S VIEW

183rd Fighter Wing

Illinois Air National Guard, Springfield, Ill.

May 2013, Vol. XIII, No.5

## The Greater Springfield Area Chamber of Commerce helps to promote new missions

by Airman Morgan Grigiski  
Photojournalist, 183rd Fighter Wing

Colonel Ronald E. Paul, Commander, 183rd Fighter Wing, met with the Greater Springfield Area Chamber of Commerce on Thursday April 18. He shared the 183rd missions and future goals for the base. The Greater Springfield Chamber of Commerce promotes and supports the interests, success and prosperity of the members and the Springfield business community. Their mission is to lead and serve their members as well as the business community. Their ability to provide innovative support and services to Springfield area businesses will strengthen their success and profitability thus promoting prosperity and opportunity for the citizens of Springfield.

The need for proactive community support assures the flexibility to expand. Depending on the mission at hand, the need for expansion and more renovation could be in the future for the 183rd. The strategic leadership council, who were briefed, takes a group of members who vote on what should be promoted and get implemented with the congressional delegation; leaders in Washington and with the state leaders. They were briefed about the 183rd and the transition from aircraft to the new missions, how much money was invested in the last 5 years, and the projects that are on the horizon. "We are still here and we're still viable and we appreciate it when they voice their support for the 183rd," said Col. Paul. "I think the best thing for us to do is to make sure that we keep reminding the community that we



Springfield, IL- Col. Ronald Paul addresses members of the Greater Springfield Area Chamber Commerce at meeting held at the 183rd Fighter Wing. At the meeting, Chamber members restated their support for the 183rd and it's continuing missions at home and abroad. (Air National Guard photo by Airman Morgan Grigiski)

have new missions here."

The local community does not hear the aircraft anymore, but there are new missions at the 183rd which are highly specialized and technical. The support that is received when looking for backing in various projects that the 183rd may undertake is appreciated.

There are traditional openings and tuition assistance is still offered. There are some technical specialties that people can come to the 183rd and get trained on and use in their civilian jobs as well. "We are always looking for willing and able people that want to help out with the Illinois Air National Guard and also with the Air Force," said Col. Paul.

The support received from the Chamber of Commerce over the years and also with the strategic leadership council has been key to not only the new missions, but continuing the missions in the next 20 plus years. "Their support is greatly, greatly appreciated," said Col. Paul. "Without a strong community backing, it's very difficult to not only keep our current missions, but to go out and pursue new missions."

### IN THIS ISSUE

**Page 4**  
Combat Airman  
Skills Training

**Page 5**  
Finding  
balance

**Page 6**  
Blood  
pressure

**Page 10**  
Sexual Assault  
Awareness Month

## Important Information

**“Like” us on Facebook**

### The 183rd Fighter Wing is now on Facebook!

We will use this page to bring you newsworthy topics related to the 183rd as well as disseminate other information that may be relevant to drill, weather, etc. When you search for our page look for the photo below as the profile picture. This is the official page established here by the unit. If you find the page that has the wing crest as the profile picture, you have found a 183rd page that has been launched by Wiki-



pedia, and is not the official page. Please direct your questions or comments to the Public Affairs office by email: [183fw.pa@ang.af.mil](mailto:183fw.pa@ang.af.mil)

# Attention!

**The deadline  
for the June  
issue of the  
Falcon's View  
is, 1200 hrs.  
May 4!**

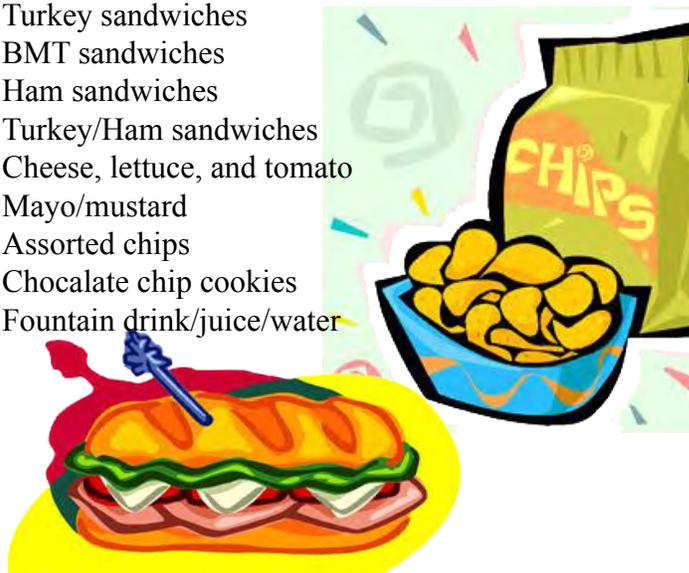


## *May Lunch Menu*

*\*Menu subject to change*

**All meals provided for May drill will  
be: SUBWAY sub sandwiches**

Turkey sandwiches  
BMT sandwiches  
Ham sandwiches  
Turkey/Ham sandwiches  
Cheese, lettuce, and tomato  
Mayo/mustard  
Assorted chips  
Chocolate chip cookies  
Fountain drink/juice/water



Contents of the Falcon's View are not necessarily the official views of, or endorsed by, the US Government, DoD, the Department of the Air Force or the Air National Guard. The editorial content is edited, prepared, and provided by the Public Affairs office of the 183rd Fighter Wing. All photographs are Air Force photographs unless otherwise indicated.

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Col. Ronald E. Paul

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### What “not” to do

*by Senior Master Sgt. Kim Piskacek  
1st Sgt., 183rd Fighter Wing*

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In the February 18, issue of the Air Force Times I saw a picture of a female Major who had her hands in her pockets and her ponytail was hanging below her collar. The article talked about how Maxwell Air Force Base is staging pictures of people around the base not meeting Air Force Dress and Appearance standards and the pictures are put in the base paper and members are to write in and explain the uniform violation. The article also made mention that, “the base earned very low marks for standards during its 2011 Unit Compliance Inspection, focusing on examples such as rolled-up sleeves, hands in pockets and walking while using a cellphone.” I have augmented the Air Mobility Command (AMC) Inspector General before and I have never heard of a base receiving low marks in that area so I was very curious to see the report.

After receiving a copy of the report from a friend who is currently stationed at Maxwell, this is a summary of their report: 8-Outstanding, 41-Excellent, 11-Satisfactory, and 2-Marginal. Of the two Marginal ratings, one was for standards. The bullets below are the 18 violations the IG annotated in the report:

- 1 airman was observed walking downtown (with 3 officers) carrying her ABU shirt under her arm
- 1 officer failed to return a salute in the BX parking lot
- 2 airmen were observed standing by their cars without hats on
- 5 individuals were observed walking/running in PT gear with ear plugs in both ears
- 1 Major was observed talking on a cell phone with his hand in his pocket

- 4 individuals observed texting/talking while walking
  - 2 individuals were observed eating/drinking while walking in uniform
  - 1 individual was observed wearing a long sleeve black shirt under their short sleeve PT shirt
  - 1 Major was observed wearing an unauthorized morale patch
  - 10 officers were observed wearing their sleeves rolled up on the flight suits
  - 2 Captains had sideburns which exceeded standards
  - 1 officer was observed wearing unauthorized head gear
  - 1 Major was observed with frosted hair
  - 6 individuals were observed carrying their backpack/purse on their right shoulder
  - 1 Amn was observed walking toward a building wearing a bike helmet
  - 3 individuals were observed driving without their seatbelt (one was security forces)
  - 1 MSgt riding a motorcycle was observed running a stop sign
  - 3 individuals were observed texting while driving (one ran a red light)
- I know the past few months we have all been busy getting our files and paperwork ready for the upcoming inspection in June, but do not forget the inspectors will be looking at more than just files and paperwork. They will also be evaluating us on our standards. EVERYONE is responsible for enforcing Air Force standards, not just First Sergeants. So do not be afraid to correct someone who is not in compliance. Bottom Line: Let's learn from Maxwell AFB and not make the same mistakes.

# Combat Airman Skills Training (CAST)

by Lt. Col. Jim Loux

Commander, 217th Engineering and Installation Squadron

The 217th Engineering Installation Squadron is preparing for its second mobilization in three years. All of our mobilized, members including 14 repeat members, will complete Combat Airman Skills Training (CAST). This rotation will be our first venture to Camp Bullis TX, located deep in the heart of Texas. Members arrive at Lackland AFB and are then bussed about 50 miles away from the base to their camp nestled in the mountains.

The CAST course was designed by Air Education and Training Command to standardize pre-deployment combat training for Air Force personnel. CAST prepares members for the possibility of combat through the Combat Airmen Skills Training Course. Although our engineering and installation personnel are tasked for a non-combat role, this course will provide them experience with handling firearms and knowledge of battlefield conditions.

Senior Master Sgt. Ron Thrall led our first team of installers through CAST. He is also a veteran of the CAST training at Ft Dix, NJ. He stated that the training at Camp Bullis was more realistic; weapons were carried the entire time, the training gave you the experience of what to expect and what you had to do to survive. It was training at a lower level, it was not training to take over an operation. Also, the instructors, or cadre, were all previous deployers and all Air Force instructors, providing training based on actual experience. Thrall's favorite scenario was the "Box of Death" during the paint ball scenario. The cadre was holed up in the box (series of buildings) and each team had to transition to various points around the box or the kill zone to safely move their team or respond to injured victims. The moulage

was fantastic. Patients had blood spurting from their mouth and the paint ball gave a sense of realism. You could not only see if you got hit, but you could feel it. The target was center mass but anything was game. Students wore face shields, elbow and knee pads for protection.

While the curriculum is standard across all three CAST sites, the training cadre at each is unique. At Camp Bullis, instructors are combat specialists in areas such as combat control and pararescue. The recent class had 108 members and the group was divided into chinks with about 15 members each. This class had three O-6s and the ranking O-6 was the overall class leader. A Captain and an Master Sgt. were appointed to lead each chalk. All chinks went through training at the same time. Staff Sgt. Mike Mondia, a veteran of the 30-day Army Combat training, thought CAST was fast paced and very organized. He especially liked getting the classroom instruction and immediately putting to use what he learned out in the field, reinforcing everything that was taught.

Camp Bullis is all field conditions. The dining facility and classroom use the same tent. A hot breakfast is served in the morning and MREs are issued for lunch. A hot meal and Gatorade is served for dinner. Each chalk is also assigned duties to keep the camp clean, ranging from classroom clean up to KP. Every member is responsible for safeguarding



Courtesy photo - The CAST course begins with classroom time, followed by training in the low crawl in full gear.

see *CAST*, page 8

### Finding balance

by 1st Lt. Jon Bormann  
Chaplain, 183rd Fighter Wing

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As I frantically write this article to get it in before the deadline, I think of all the things I chose to do this week instead. The weather finally got nice so there really was no choice; I got my 6 year old and our golf clubs and made our way to the golf course to bask in the long delayed sunshine. When another nice day followed I asked myself, "should I write my article," and again the answer resounded, "No, go golfing!"

Right now, there are so many demands upon us as we prepare for this inspection. Many are working longer hours than usual or working at an intense pace, striving toward an outstanding when June arrives. No matter where one works on the civilian side, the pressures and demands do nothing but increase there as well. Relentlessly, the call to perform ever surrounds us, and demands our action.

However, it is essential, even with all these responsibilities, to stop and take the time to enjoy life and have fun with the ones we have been given to love and care for in this time and place. Certainly, this is or should be our top priority. In the brief span of time given in this life, there is no greater calling than to be a person who is motivated and directed by a sense of love.

Each of us has those to whom we are responsible, and are called to offer care and affection. There is no sense of regret that this article has been hurriedly written when I think of the



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hours I spent with my son this past week. Hard work is always worthwhile, but always so much easier and more meaningful when we take the time to embrace all this life has to offer us.

We will all breathe a great sigh of relief when June ends, and un-

doubtedly we will be proud of the work we have accomplished, but let us not leave off making the most of the days we are given. Now, if someone could only help me sneak out of my office and get to the golf course.

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Protestant Service:	Saturday 12:30 p.m.
Catholic Mass:	Sunday 8:30 a.m.

## What your blood pressure is telling you

by Capt. Amanda Schull  
Physician Assistant, 183rd Medical Group

Most yearly physical exams or sick visits to your doctor's office start out with the nurse checking your blood pressure. Then you may hear the nurse rattle off some number such as 122/84, 112/72, or 136/92. Even though you may know what constitutes as high or low blood pressure, do you understand what those numbers mean? What does your blood pressure tell you?

Blood pressure is the measurement of the contraction of your heart muscle. According to Medical News Today, it is the pressure of the blood upon the walls of the blood vessels. It is recorded as two numbers. The top number, the higher of the two numbers, measures the pressure in the arteries when the heart beats and/or contracts. The bottom number, the lower of the two numbers, measures the pressure in the arteries between heartbeats.

The heart is the muscle that is responsible for pumping blood throughout the entire body. The blood that contains lower amounts of oxygen is pumped towards the lungs in order to become oxygenated. The oxygenated blood is then pumped to the rest of the body. It is the action of the heart pumping this blood that creates the blood pressure we measure.

The procedure for having our blood pressure taken is simple and it offers our providers vital information in regards to the condition of our blood vessels and heart. When your blood pressure is taken you should be relaxed and seated or lying down com-

fortably and your arm should be well supported. The different devices that can be used to take your blood pressure include the digital blood pressure monitor or the manual mercury manometer. The electronic blood pressure devices are starting to be more commonly used over the mercury manometers.

There are some cases that your health care provider might recommend that you have ambulatory blood pressures completed. Medical News Today defines ambulatory blood pressure as the measure of the patient's blood pressure at regular intervals throughout a 24-hour period. This type of measurement is useful in patients that suffer from white coat hypertension, which is the rise in blood pressure caused by

anxiety and stress when entering a clinical setting. This method is also used when a patient's blood pressure readings differ a great deal, their blood pressure does not respond to medication, or if the current treatment is suspected to be causing hypotension. The blood pressures collected over this 24 hour period help the doctor determine the patient's blood pressure in a normal environment.

As mentioned earlier there are two numbers recorded with each blood pressure measurement. The top and/or higher

number is the systolic measurement and the bottom and/or lower number is the diastolic measurement. The known normal blood pressure reading is generally below 120/80. The range for desirable blood pressure is systolic measurement of 90 to 119 and a diastolic measurement of 60 to 79.

Hypertension, a measurement of at least 140/90, is when our blood pressure is too high. You are considered to be pre-hypertensive if your blood pressure is between 120/80 and 139/89. One third of all people that have hypertension will not experience

*see Blood, page 7*



*Blood continued from page 7*

any symptoms, and therefore your blood pressure should be checked regularly. The American Heart Association recommends that starting at the age of 20 everyone have a blood pressure screening once every 2 years for healthy individuals with known history of normal blood pressure. This screening is recommended more frequently for those that smoke, drink alcohol regularly, are overweight, or are reaching old age.

Hypotension, a measurement of 90/60 or below, is when our blood pressure is too low. In some cases of healthy individuals having hypotension can be thought to protect them from hypertension later in life. However, low blood pressure could be an indication of underlying health problems. If hypotension is not severe you may not notice any symptoms.

According to Medical News Today here is a list of symptoms that may indicate hypertension or hypotension.

nosed by your physician after several blood pressure readings at or above 140/90. If this is the case your physician will implement a treatment program, which almost always includes lifestyle changes and most likely prescription medication.

If you are monitoring your blood pressure and get a systolic reading of greater or equal to 180 or a diastolic reading 110 or higher, wait a few minutes and retake your blood pressure. If the reading remains at or above that level you need to seek immediate treatment at the nearest emergency department for hypertensive crisis.

The systolic portion of the blood pressure measurement is given more attention due to its risk factor for cardiovascular disease in people over 50 years old. The American Heart Association states, "Systolic blood pressure rises steadily with age due to increasing stiffness of large arteries, long-term build-up of plaque, and increased incidence of cardiac and vascular disease." If your blood pressure is

<b>Hypertension:</b>	<b>Hypotension:</b>
<ul style="list-style-type: none"> <li>• Blood in urine</li> <li>• Confusion</li> <li>• Dizziness</li> <li>• Fatigue</li> <li>• Headaches, some quite severe</li> <li>• Irregular heartbeat</li> <li>• Pains in the chest</li> <li>• Problems with breathing</li> <li>• Vision problems</li> </ul>	<ul style="list-style-type: none"> <li>• Depression</li> <li>• Dizziness</li> <li>• Eyesight problems, such as blurred vision</li> <li>• Light headedness; fainting is possible</li> <li>• Nausea</li> <li>• Pale, cold and clammy skin</li> <li>• Palpitations</li> <li>• Shallow panting</li> <li>• Thirst</li> <li>• Tiredness</li> </ul>

If you have a single high blood pressure reading this does not necessarily mean that you have high blood pressure. High blood pressure is usually diag-

currently normal it is still important to make healthy lifestyle choices in order to prevent the development of high blood pressure.

## Family Care Plan

*submitted by Maj. Sean Heup  
Inspector General, 183rd Fighter Wing*

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### What is a Family Care Plan?

It's a plan for the care of family members during a service member's absence.

Required: If you are a single service member or part of a dual service couple and your are responsible for the care of family members. A Working Plan:

That provides guidance for people in your absence. It helps guardians and others with:

It helps guardians and others with:

- \* Care for family members
- \* Financial & legal matters
- \* Medical needs

Children: All children under age 19 (even who live with you part time) are included in a Family Care Plan. This means that issues such as guardianship, school, day care and visitation are handled as you prefer.

Other Family Members: A parent, spouse, child age 19 or older, or other relative who is not capable of self-care will get the attention and assistance he or she needs.

### Some Items Your Plan Should Include:

Name and Address of all family members' physicians, specialists, dentists or other health-care professionals  
Power of attorney for health care to take care of medical needs (for example, incase surgery is needed).

Information about medications for allergies or other conditions. Arrangements/forms for pay allotment to be used for family members' support. This is usually the easiest way.

### Keep The Plan Current:

- \* Divorce
- \* Relocation
- \* Adoption

- \* Child custody change
- \* Extended absence
- \* Death of family member

Review and update your plan annually and whenever a major family change occurs.

### Frequently asked questions (FAQ):

***Whose responsibility is it for putting a Family care Plan into action?***

It is the service member's job.

***What if I'm required to file a plan, but do not file one?***

Depending on circumstances, you may be provided counseling, discipline you or move for your involuntary separation from the service.

***What about pregnant service members?***

They should begin preparing a Family Care Plan before they give birth.

## CAST

*CAST continued from page 4*

and cleaning their own weapon. During the 12 days of training the members did take a Sunday off. The bus picked up members at 0700 and took them to Lackland AFB until 1500. Members were housed by rank in 4-8 man tents. Lockers were not provided and they lived out of their bags during the training. Alcohol is absolutely forbidden and food was not allowed in the tents. The rationale for no food was that food attracts mice and mice attract snakes.

Senior Airman Derek Borjon, a first-time deployer, thought the best part of CAST was getting familiar with the weapons and using them in different scenarios. Unlike Army expeditionary training, CAST is the bare essentials of combat survival—how to react to enemy contact, communicate and move as a team, identify hazards such as improvised explosive devices, and come home.

## Scanning of email and attachments for security violations

*by Senior Master Sgt. Bob Ryan  
183rd Communications Flight*

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DO NOT SEND USER IDs PASSWORDS or PINs VIA EMAIL BETWEEN @[ANG.AF.MIL](mailto:ANG.AF.MIL) ACCOUNTS AND OUTSIDE ACCOUNTS.

Anyone found doing so will:

- \* Have their network access suspended.
- \* Cause a reportable security incident.
- \* Be required to accomplish remedial IA training.
- \* Require the first O-6 in their chain-of-command to request the AFCyber Ops Center approve enabling their account.

The Air Force is now running a real time scan of all email and attachments passing between the AF domain and the outside world. There have been several instances of user names and passwords found being sent between ANG and commercial accounts. Obviously this is a major security concern and must not happen. In the future these scans may be looking for other unsafe IA practices. If you are unsure of any e-mail/information system security practice consult your DoD IA training, AFMAN 33-152 USER RESPONSIBILITIES AND GUIDANCE FOR INFORMATION SYSTEMS or call the 183rd Information Assurance office at 757-1317/1440.



## Use of social networking sites for computer network exploitation

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**EXECUTIVE SUMMARY:** Nation-state adversaries regularly use accounts on popular social networking sites to facilitate social engineering against DoD members. Information disclosed or discovered on social networking sites creates a significant operations security (OPSEC) concern and in the context of a wide spread collection effort could be by adversaries to form a classified picture.

**MISSION IMPACT:** Poor OPSEC practices or general disclosures of sensitive information can lead to kinetic adversary responses to U.S. forces' actions, potentially leading to mission degradation or even loss of life. Additionally, malware introduced into AF networks via social network sites can degrade or disrupt operations.

**DETAILS:** The nature of social networking sites (SNS) which promote socialization and the sharing of information makes personnel more susceptible to exploitation. SNS applications give the common user an increased opportunity to release official information. In the past two years, there are several examples of adversaries using or attempting to use SNS for likely cyber espionage.

**ACTIONS:** All Air Force members must be aware that they are a potential target of cyber exploitation/espionage and take appropriate caution when using social networking sites. Do not accept contact requests from individuals who you do not personally know and trust. Additionally, hackers are known to spoof requests so that any request may appear to be from someone you know, so treat all requests with suspicion and vigilance. Only accept a request if there is a high level of certainty regarding the identity and authenticity of the requestor. Finally, be aware of the security settings on these websites and do not inadvertently release sensitive information to the public because of careless use.

## **Sexual Assault Awareness Month (SAAM)**

*Submitted by Capt. Tara DeJanovich  
183FW Sexual Assault Response Coordinator*

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Each April, the Department of Defense observes Sexual Assault Awareness and Prevention month and commits to raising awareness and promoting the prevention of sexual violence. This year's theme, "We own it... We will solve it... Together," emphasizes our commitment to solving the problem of sexual assault in the many ways we work within each service, across the department and in our communities to combat this issue.

**SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR) PROGRAM** The Sexual Assault Prevention and Response Program reinforces the Air Force's commitment to eliminate incidents of sexual assault through awareness and prevention training, education, victim advocacy, response, reporting and accountability. The Air Force promotes sensitive care and confidential reporting for victims of sexual assault and accountability for those who commit these crimes.

Sexual assault is criminal conduct. It falls well short of the standards America expects of its men and women in uniform. Specifically, it violates Air Force Core Values. Inherent in our core values of Integrity First, Service before Self, and Excellence in All We Do is respect: self-respect, mutual respect and respect for our Air Force as an institution.

Our core values and respect are the foundation of our wingman culture -- a culture in which we look out for each other and take care of each other. Incidents of sexual assault corrode the very fabric of our wingman culture; therefore, we must strive for an environment where this type of behavior is not tolerated and where all Airmen are respected.

**SEXUAL ASSAULT/CONSENT DEFINED**  
The term "sexual assault" is defined as intentional sexual contact, characterized by use of force, threats, intimidation, abuse of authority, or when the victim

does not or cannot consent.

Sexual assault includes rape, forcible sodomy (oral or anal sex), and other unwanted sexual contact that is aggravated, abusive, or wrongful (to include unwanted and inappropriate sexual contact), or attempts to commit these acts. (AFI 36-6001)

"Consent" is defined as words or overt acts indicating a freely given agreement to the sexual conduct at issue by a competent person. An expression of lack of consent through words or conduct means there is no consent. Lack of verbal or physical resistance or submission resulting from the accused's use of force, threat of force, or placing another person in fear does not constitute consent. A current or previous dating relationship by itself or the manner of dress of the person involved with the accused in the sexual conduct at issue shall not constitute consent.

All information was taken from the Air Force Portal, Air Force Personnel Center, USAF Sexual Assault and Response Program.

### **LOCAL RESOURCES**

#### **183rd SAPR TEAM**

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2d Lt Andria Sapp, Victim Advocate  
(217) 757-1236  
[andria.sapp@ang.af.mil](mailto:andria.sapp@ang.af.mil)

Illinois JFHQ 24/7 Response Hotline  
(217) 299-9407

The DoD Safe Helpline provides a live, confidential and anonymous sexual assault hotline for the DoD community.

Click: [www.safehelpline.org](http://www.safehelpline.org)  
Call: 1-877-995-5247 or Text: 55247

# 10 things car and truck driver should know about motorcycles

by Master Sgt. Michael Niepert  
183rd Fighter Wing Ground Safety Technician

1. There are a lot more cars and trucks than motorcycles on the road, and some drivers do not “recognize” a motorcycle; they ignore it (usually unintentionally). Look for motorcycles, especially when checking traffic at an intersection.

2. Because of its small size, a motorcycle may look farther away than it is. It may also be difficult to judge a motorcycle’s speed. When checking traffic to turn at an intersection or into (or out of) a driveway, predict a motorcycle is closer than it looks.

3. Because of its small size, a motorcycle can be easily hidden in a car’s blind spots (door/roof pillars) or masked by objects or backgrounds outside a car (bushes, fences, bridges, etc.). Take an extra moment to thoroughly check traffic, whether you are changing lanes or turning at intersections.

4. Because of its small size, a motorcycle may seem to be moving faster than it really is. Do not assume all motorcycles are speed demons.

5. Motorcyclists often slow by downshifting or merely rolling off the throttle, thus not activating the brake light. Allow more following distance, say 3 or 4 seconds. At intersections, predict a motorcyclist may slow down without visual warning.

6. Turn signals on a motorcycle usually are not self-canceling, thus some riders, (especially beginners) sometimes forget to turn them off after a turn or lane change. Make sure a motorcycle’s signal is for real.

7. Motorcyclists often adjust position within a lane to be seen more easily and to minimize the effects of road debris, passing vehicles, and wind. Understand that motorcyclists adjust lane position for a purpose, not to be reckless or show off or to allow you to share the lane with them.

8. Maneuverability is one of a motorcycle’s better characteristics, especially at slower speeds and with good road conditions, but do not expect a motor-



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cyclist to always be able to dodge out of the way.

9. Stopping distance for motorcycles is nearly the same as for cars, but slippery pavement makes stopping quickly difficult. Allow more following distance behind a motorcycle because it cannot always stop “on a dime”.

10. When a motorcycle is in motion, do not think of it as a motorcycle; think of it as a person.



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<b>Weapons Safety Mgr.</b>	<b>DSN 892-8237</b>
	<b>Comm (217)757-1484</b>
	<b>DSN 892-8484</b>
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## Announcements

 **Congratulations!**

### Promotions!



**Master Sgt.**

Michael J. Silius



**Technical Sgt.**

George K. Wilson



**Senior Airman**

Alicia C. Braun

Heather R. Walter



**Airman 1st Class**

Kristin N. Stine

### Welcome Aboard!

Maj.	Ellen Pratt	183SG
Capt.	Teralyn R. Murray	183ACOS
Master Sgt.	James A. Latour	183ACOS
Tech. Sgt.	Kimberly A. Phelps	183AIS
Airman	Caleb Bowman	183AIS
Airman	Thomas J. Smith	183LRF

### Happy Retirement to:

Master Sgt.	Brian R. Jones	183AOS
Master Sgt.	Samuel J. Kassis	183FW
MSgt Sgt.	James Iaun	183FW

## Sean Anderson Cancer Benefit

Sean Anderson is former member of the 183rd Fighter Wing. He spent 20 years in the service to our country and served here as a firefighter. Sean has been diagnosed with pancreatic cancer. His friends and family are sponsoring a mostaciolli dinner Saturday, June 8th, at the American Legion in Kincaid. Doors open at 4:30 p.m.



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Shannon Lawrence (217)237-2193

*\*No federal endorsement intended*

## Know a good dentist?



To all unit members:

With the retirement of Dr. Petro Krafcsin, our base is left with only one dental officer, Lt. Col. Todd Martin. With over 800 members and one dental officer, we need your help. The next time you are getting your teeth cleaned or your cavity filled, ask your dentist about joining the 183rd Fighter Wing. Many may not be aware of the benefits the Guard has to offer, such as TriCare, possible retirement, lifelong friendships, and the pride associated with serving your country. Any questions regarding this position may be forwarded to:

Chief Master Sgt. Wayne Vorreyer (217)757-1359  
[wayne.vorreyer@ang.af.mil](mailto:wayne.vorreyer@ang.af.mil)

Lt. Col. Todd Martin (217)757-1221  
[todd.martin@ang.af.mil](mailto:todd.martin@ang.af.mil)

## Announcements

### Visit MyPers online for 24/7 access to your personnel records

Did You Know... The myPers website provides a 24/7 online self-service capability to numerous personnel actions?

Log on to [myPers.af.mil](http://myPers.af.mil) using your CAC:

1. Go to [myPers.af.mil](http://myPers.af.mil)
2. Click the "CAC" Login" selection
3. Select the appropriate certificate
4. Input your Personal Identification Number (PIN #)
5. Review the home page and select from the helpful links to learn more about services available

--OR--

If accessing with your Username (User ID) and Password:

1. Go to [myPers.af.mil](http://myPers.af.mil)
2. Click in the "User ID" box and input your user name
3. Click in the "Password" box and input your password
4. Click "LOG-IN"

Cannot remember your User ID and/or password?

Click on the link, "Forgot your username or password?" and simply follow the steps provided. Please note using the "User ID/Password" option will limit access to some online self-service applications.

The myPers website is your Total Force source for personnel information and online service. Go check it out!

## Retiree News

**WE HAVE MOVED!** As always, the retirees gather on the first Tuesday of each month to share breakfast and talk about the good ole days. We have now moved the location to **Leann's Parkway Cafe**, 2715 N. Dirksen Parkway, Springfield. Join them Tuesday, May 7. They say they meet at 8 a.m. but if you're not there by 7:30, the early birds have taken the good seats!

## Unit Spotlight



**Who:** 2nd Lt. Andria J. Sapp

**What:** Intelligence Officer, Air Intelligence Squadron

**When:** I enlisted in the 183rd Oct. 1998 as an F-16 flight line avionics craftsman and got out in 2007. I reenlisted in 2011 and joined the Public Affairs office and then commissioned March of 2013 to join the Air Intelligence Squadron as an Intelligence Officer.

I deployed twice while I was enlisted; Kuwait in 2002 and Qatar in 2004. Both deployments were awesome. It solidified my belonging here. You do not really develop the family dynamic that the Guard truly has until you deploy with them. You gain real world experience with deployments.

I recommend people join the Guard not only for benefits, but also to meet new people. Having a military background helps with your future and only a small fraction of people can compete.

## Family Readiness

### HELP WANTED

The 183rd Family Readiness and Support Group needs your help. We are trying to recruit members, both new and old. I would like to have your input. From previous members, what worked and what did not. From new members, what do you have to bring to the group and what you would you like to see incorporated into the group? So, let's band together, combine our ideas, and build a Family Support Group that we all will want to participate in. Please see me, Joe Ward, Family Readiness Coordinator for Volunteer Sign-up Forms.

### Volunteer Sign-up Form

Unit: \_\_\_\_\_ E-mail Address: \_\_\_\_\_  
Name: \_\_\_\_\_ Specialty: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
City: \_\_\_\_\_ State & Zip Code \_\_\_\_\_

Please return to: 183rd Family Readiness Group, 3101 J. David Jones Parkway, Springfield, IL. 62707-5001  
Phone: 217.757.1244 email: [nicholas.johnson.2@ang.af.mil](mailto:nicholas.johnson.2@ang.af.mil)

If you have a member of your family that is a past or current member of the 183rd, or have information that a current or past member of the 183rd has passed away recently, please contact Maj. Nicholas Johnson, Commander, 183rd Force Support Squadron. We want to ensure that no one is forgotten for the annual Wreath Laying Ceremony commemorating all past and current members that have lost their lives each year. The Family Support Group is still sending sympathy cards to all deceased members' families as well, but once again, we need the information. You can contact Maj. Johnson by e-mail at: [nicholas.johnson.2@ang.af.mil](mailto:nicholas.johnson.2@ang.af.mil) or by calling 217-757-1244.

**1. AUTHORITY:** U.S. Code: Title 10, Subtitle E, Part I, Chapter 1007, Section 10204, and other subsets of Title 10.

**2. PURPOSE:** To collect the information necessary to process the action indicated by the form you are completing

**3. ROUTINE USES:** This information will not be disclosed outside the Department of Defense.

**4. DISCLOSURE:** Voluntary. However, failure to provide the information requested will result in the form not being processed, and may result in a denial of the intended action.

## Vacancies

To inquire about the following officer vacancies, contact Senior Master Sgt. Diana Braun at 217-757-1566 or DSN: 892-8566 if interested in applying for these positions. Prior service members are encouraged to explore these exciting new opportunities.

52R3	Chaplain	13S4	Space and Missile
11F3Y	Fighter Pilot	13B4B	Air Battle Mgr
48R3	Flight Surgeon	12R4H	Recon Surv EW CSO
48A3	Aero Med Spc	12F4Y	Fighter CSO
65F4	Financial Mgmt	12F4W	Fighter CSO
48A4	Aero Med Spc	12B4Y	Bomber CSO
21R4	Logistics Readiness	11F4Y	Fighter Pilot
16G4	AF Ops Staff Off	11F4U	Fighter Pilot
41A4	Health Service Admin	11F4B	Fighter Pilot
21R4	Logistics Readiness	35P4	Public Affairs
12M3T	Mobility CSO	14N4	Intelligence
61A4	OPS Research Analyst	21R3	Logistics readiness

To inquire about the following enlisted vacancies, please contact Master Sgt. Matt Allen at 217-757-1292 / DSN 892-8292. Members applying for these positions must currently hold the AFSC for the position being applied for. Additional positions are available for new Guard members and transfers from active duty.

2F051	Fuels	3E451	Water/Fuel Sys Maint
2S051	Material Mgmt	3E551	Engineering
2T071	Traffic Mgmt	1N171A	Geospatial Intel
2T370	Veh/Veh EQU Maint	1N171B	Fusion Analysis
3D071	Knowledge Ops Mgmt	2A571	Aircraft Maint
3S071	Personnel	2T271	Air Trans
6F051	Fin Mgmt/Comp	3D172	Cyber Trans Sys
3M051	Services	3D173	RF Trans Sys
3P051	Security Forces	3E571	Engineering
2T351	Veh/Veh Equ Maint	4N071	Aerosp Med Svc
3D153	RF Trans Sys	6C071	Contracting
3D156	Airfield Sys	6F071	Fin Mgmt/Comp
3D157	Cable & Antenna Sys	1N171A	Geospatial Intel
3S051	Personnel	3D071	Know Ops Mgmt
1C072	Avi Resource MG	3D152	Cyber Trans Sys
1C571	C2 Battle Mgmt Oprs	3D190	Cyber Ops
2A651C	Aerospace Prop	1N071	Ops Intel
2A652	Aerospace Grd Equ	6C091	Contracting
3D051	Knowledge Ops Mgmt	3E072	Elec Pwr Production
3E051	Elec System	3E671	Ops Mgmt
3E052	Elec Pwr Pro	3N075	Photojournalist
3E151	Heat/Vnt/AC/RFG	6F051	Fin Mgmt/Comp
3E251	Pave/Contr Equ	3M071	Services
3E351	Structural	3D174	Spectrum Ops