



FALCON'S VIEW

183d Fighter Wing

Illinois Air National Guard, Springfield, Ill.

September 2013, Vol. X, No.8

Heritage on display

by Master Sgt. Shaun Kerr

Public Affairs Manager, 183d Fighter Wing

The flying heritage of the 183d Fighter Wing is once again on display outside the main entrance to the base. It has been more than a year since the three aircraft, an F-86 Sabre, F-84 Thunderstreak, and F-4 Phantom, that once stood outside the former main entrance, were taken down for maintenance. Those aircraft have once again been mounted on pedestals, this time, outside the new main entrance. Added to the display, are a T-33 trainer jet and an F-16 Falcon, the last type of aircraft flown at the 183d.

The F-16 came from Alpena Combat Readiness Training Center (CRTCC), Mich. A long, slow haul, the F-16 was moved to the 183d on a flatbed trailer and was partially disassembled for the trip. The wings and the vertical and horizontal stabilizers were removed and placed on the trailer along with the main body of the jet.

This project is the result of the hard work of over 20 members of the 183d Maintenance (MXS) and Civil Engineering (CES) Squadrons. This was an additional duty for each member involved.

A multitude of obstacles stood in the way of getting these jets on display; budget constraints, furlough days, a Compliance Inspection (CI), a Logistics Compliance Assessment Program (LCAP) inspection, and weather. Though time and money seem to be an issue with any project, when coupled with the preparation for multiple inspections and mandatory unpaid time away from work, this project became much more difficult. Once the aircraft were ready to go, it was a matter of finding a dry day to mount them. Several dates were set, and several dates were scrubbed due to the abnormally wet weather this spring.

Finally, on Aug. 13, it all came together. After all the hard work, long hours, and waiting, the aircraft of the 183d Fighter Wing were set atop their pedestals, where they stand proudly as symbols of the unit's heritage.



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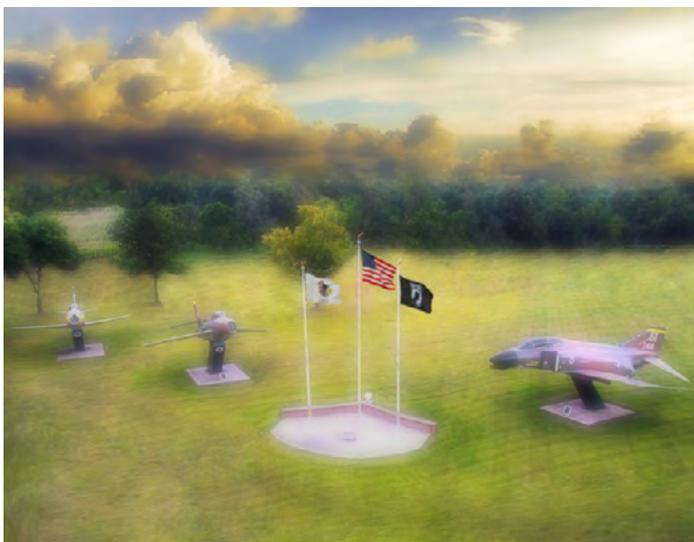
Air National Guard
Director "All Call"

Important Information

“Like” us on Facebook

The 183d Fighter Wing is now on Facebook!

We will use this page to bring you newsworthy topics related to the 183d as well as disseminate other information that may be relevant to drill, weather, etc. When you search for our page look for the photo below as the profile picture. This is the official page established here by the unit. If you find the page that has the wing crest as the profile picture, you have found a 183d page that has been launched by Wiki-



pedia, and is not the official page. Please direct your questions or comments to the Public Affairs office by email: 183fw.pa@ang.af.mil

Attention!

**The deadline
for the Sept.
issue of the
Falcon's View
is, 1200 hrs.
Sep. 7!**

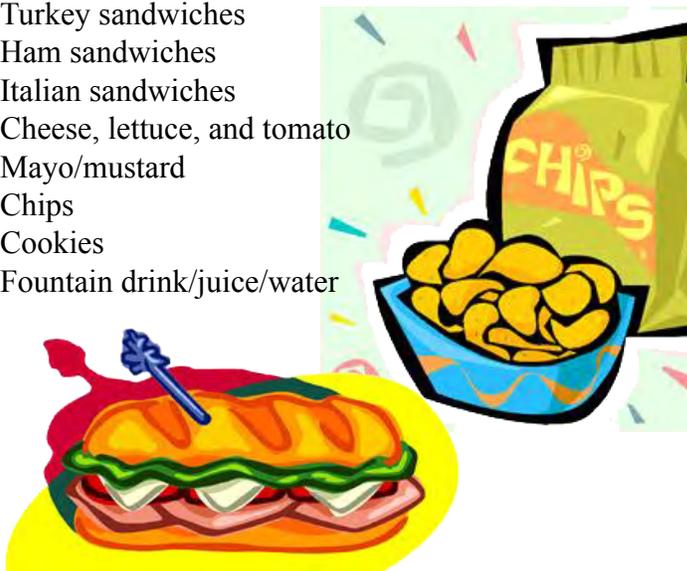


September Lunch Menu

**Menu subject to change*

**All meals provided for September drill
will be: SUBWAY sub sandwiches**

Turkey sandwiches
Ham sandwiches
Italian sandwiches
Cheese, lettuce, and tomato
Mayo/mustard
Chips
Cookies
Fountain drink/juice/water



Contents of the Falcon's View are not necessarily the official views of, or endorsed by, the US Government, DoD, the Department of the Air Force or the Air National Guard. The editorial content is edited, prepared, and provided by the Public Affairs office of the 183d Fighter Wing. All photographs are Air Force photographs unless otherwise indicated.

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Where Do We Go From Here?

by Col. Jeffrey Rice

Vice Commander, 183d Fighter Wing

As I came in for drill in August, I could almost hear the collective sigh of relief from all across the base. The inspections are complete and we did extremely well!

Congratulations to each and every one of you. As a team, we collectively accomplished what looks to be a feat unmatched in the Air National Guard to date. I hope that you took some time to savor these results. You all worked very hard and the praise is well deserved. Good job!

So, now that the inspections are over, where do we go from here? As Col. Paul has said, now is not the time to simply sit back and rest. We have climbed the mountain and now we need to maintain the momentum. Just as it was important to develop plans when you were preparing for the inspections, it is now equally important that you have a plan on how to maintain the momentum as we move into the future.

Momentum does not happen automatically; it has to be part of our culture. This is the time when everything in most of us will say that it is time to step back, take a break, forget that you ever heard the acronym MICT (Management Internal Control Toolset) and maybe put on the cruise control. To maintain momentum, you have to learn to say no to these thoughts and push forward with the same energy and enthusiasm that you had heading into the

inspections.

To sustain action, for that is what momentum is all about, we have to learn to always have our eyes fixed on the goal. By maintaining focus, we minimize the possibility of stumbling over obstacles or being distracted. The moment you take your eyes off the goal, you will detour and head straight into the realm of failure. When this happens, no amount of progress

will help you since you will be heading in the wrong direction. As you move forward, always keep the goal in sight. It is the only way you will know you are headed down the right path.

What is the goal now? It is to always be prepared for that next inspection. To be ready at all times as if the inspectors are walking in the door again any day. Think about it, this should be easy. We are already there! We have to keep doing the things that got us to this point. Keep our eye on the ball; not get lazy or let ourselves get distracted.

Just as we used checklists and poured over instructions to make sure

we were in compliance before the inspections, we need to continue to do these things. Do what it takes every single day; make it a habit or routine to do these things as part of your job. It then becomes second nature.

Momentum demands that we continue to do what must be done. There is no room for wasting time or procrastination. Since momentum has to do with onward progressive movement, we must guard against the activities and situations that have the potential of making us lose focus and momentum.

cont. on pg. 7



AF Announces PT Test Enhancements To Start Oct. 1

by Staff Sgt. David Salinitri
Secretary of the Air Force Public Affairs

WASHINGTON (AFNS) -- Air Force senior leadership announced enhancements to the Air Force's Physical Fitness Assessment program, to be implemented Oct. 1.

In a letter to Airmen Aug. 20, Air Force Chief of Staff Gen. Mark A. Welsh III explained the results of the comprehensive review, highlighting the strength of the program and the need for slight improvements.

"We have a tremendous program that has fundamentally changed the Air Force's overall fitness level over the past few years," Welsh said. "The PFT itself is not going to change. But even the best program can be improved upon, so we are making changes in four different areas to enhance the overall program."

Of the changes coming Oct. 1, the most significant is to the abdominal circumference portion of the test. The AC assesses an Airman's body composition.

Since the Air Force implemented the newest fitness program guidelines in October 2010, only .03 percent of Airmen have failed the AC portion of the test and passed the other three components with a composite score of

75 or higher.

"In the future, if an Airman fails the AC portion of the test, and passes each of the other three components, we'll measure that Airman using the Body Mass Index taping guidance in DoD instructions," Welsh said. "If the Airman meets the DoD BMI standard, they pass the PFT."

Because AC measurement is integrated into the testing procedure, the Air Force is currently the only branch of the Department of Defense not required to have a separate weight management program.

The other program modifications include realigning the fitness appeal process back to wing commanders, adjusting passing standards for Airmen who can only test on one component of assessment, and changing and simplifying the walk test.

In addition to these efforts, senior leaders are reviewing how fitness performance is documented on performance reports as part of a larger effort to examine the performance report itself. Those results are expected in the near future.

Though senior leaders are looking to improve the current fitness program, Welsh said he is proud of the Air Force program, and the physically fit culture it has helped to cultivate.



"I believe we have DoD's best designed, best run fitness program, and as a result, we have a force ready for any mission our nation asks us to execute," he said. "I'm extremely proud of how far we've come with our fitness culture."

Importance of Hand Hygiene

*Maj. Thomas DeTorres
Physician Assistant, 183d Medical Group*

Hmmm...Several hundred military personnel will all touch the same group of objects twice in one weekend. In fact, they will line up to do it at about the same time of the day, and some will even pay to do it. Then they will fan out across the state or even into neighboring states. If we just contaminate those objects once a day with bacteria and viruses capable of causing disease, we could easily sicken countless members of the military for very little risk or expense. Since they will be incubating something that is contagious, they WILL spread it to their families, their co-workers, and random members of the American public!

Sounds like a good movie plot and a terrorist's dream. Unfortunately, it is a real scenario played out every month and the terrorists are the bacteria and viruses we encounter every day, helped along unwittingly by us.

Every drill weekend several hundred of us troop through the chow line. We just touched our notoriously contaminated money and now maybe we are on our equally contaminated smartphone. We might shake hands with someone in line, and then we touch the utensil containers and other objects in the line. If we did not already have enough bugs on our hands, we basically just inoculated ourselves with whatever the previous person, or hundred persons, laid down before us. Then we handle our food, feed ourselves, and touch our faces and noses with those hands.

After we installed hand sanitizer stations at each food line in the cafeteria, we decided to evaluate

their use. Throughout 2012, we observed the same number of users each drill day as they went through the line and found that, on average, only about half (54%) were using them. Why does this matter? Read on!

A 2011 study compared hand washing using soap and water against water alone in the prevention of diarrheal illness. Soap and water won with only 8% still contaminated with bacteria. What is more important is that almost half, 44%, had bacteria if they did not wash at all. They were only looking for transmission of fecal diarrhea, so they only counted

two common bacteria found in stool. Yes, bacteria from down there.

Okay, if I did not just gross out the half of you not using the hand sanitizers enough to start using them, consider something else; 80% of all communicable disease is transmitted by our hands. That is all disease, not just diarrheal disease. If you are like most people, you get way more colds, coughs, and sore throats than you do diarrheal illness. That means you touched someone or something else, picked up that cold virus, and then touched some part of your face. Rest assured, after you got sick, you touched something or someone

else, maybe even someone you like, and you made them sick too.

Unfortunately, this is just the way it works. But there's good news! There is an easy way to break the chain and not worry about what the previous hundred people touched before they touched your stuff. Just pump a little hand sanitizer, take a few seconds to wipe your hands with it, and you are done. It will even persist on your skin and continue to kill germs for a while as you continue through the line touching stuff. Do that, and you have just greatly decreased your chances of taking home something from drill that you and your loved ones could really do without!



Air Guard Director hosts first 'All Call'

by Col. Nahaku A. McFadden
National Guard Bureau Public Affairs

8/16/2013 - JOINT BASE ANDREWS, Md. -- Remaining operationally engaged, the fiscal climate, furloughs, and serving with distinction were topics frankly discussed here by the Director of the Air National Guard, Air Force Lt. Gen. Stanley E. Clarke III, at his first "All Call" Aug 14.

The event, part of "Focus on the Force" week held at the Air National Guard Readiness Center on Joint Base Andrews, Md., provided insights on current Air Guard issues.

It also gave the Director of more than 105,000 Guard-Airmen the opportunity to recognize the six 2013 Air National Guard Outstanding Airmen of the Year.

"We are integral to every plan that happens with the Air Force. We are also integral to every governor and [the Adjutant General] for things that we do in the states," Clarke said. "That dual-purpose mission and being operational engaged at home and overseas is critical to the Air Force and to the nation."

In discussing the future of the Air National

Guard, Clarke said he anticipates fiscal limitations.

"I don't see a lot of relief in the budget world," he observed. "We will do what we can, the best way that we know how."

The Director also didn't mince words when discussing potential personnel cuts.

"There may be some impacts to this headquarters based on the Strategic Choices and Management Review that OSD has done," Clarke said. "It is too premature for me to tell you numbers. If there are reductions on the staff, it will be done over time and appropriately."

As for furloughs, Clarke stated he thought they were a bad idea. He shares that opinion with Army Gen. Frank Grass, chief, National Guard Bureau, and Air Force Lt. Gen. Joseph Lengyel, vice chief, National Guard Bureau.

Clarke concluded by imploring those in attendance to serve with distinction.

"Don't drag our flag around in the mud," Clarke began. "Be proud of the fact that this is the United States of America. We render assistance to others and they are better off because of it ... the Air National Guard is a big part of that."

"It is truly remarkable what you get done," he continued. "The credit goes to your experience and dedication as individuals and what you bring to this organization day in and day out to ensure we are a credible part of the Total Force."



Equal Opportunity Specialist wanted

by 1st Lt. Stephen Younker
183FW Equal Opportunity Office

The 183d Fighter Wing Equal Opportunity Office (EO) is seeking a highly motivated individual to serve in the enlisted position of Equal Opportunity Specialist.

The EO specialist:

- Promotes an environment where individuals are treated with dignity and respect regardless of race, color, religion, national origin, age, sex, or disability.
- Provides advice, consultation, education, mediation services, and referral services to enhance mission effectiveness.
- Advises personnel on EO responsibilities, policies, and programs and provides information to those seeking assistance.
- Serves as an authoritative program data source for the installation commander.
- Identifies existing and potential EO and other Human Relations issues, clarifies military EO complaints and incidents and advises and assists commanders, directors, supervisors, and base personnel with possible solutions in resolving EO concerns.
- Conducts and analyzes unit human relations climate assessments, preparing news media articles and reports and analyzing program statistics in an effort to prevent or eliminate adverse conditions that have the potential to impact mission effectiveness.
- Develops EO and other related human relations education (HRE) programs and prepares lesson plans and support.



- Provides oversight on special interest items as dictated by higher headquarters, e.g., sexual harassment, dissident and protest activities.

If Interested please contact 1Lt. Stephen Younker:
stephen.younker@ang.af.mil
(217) 757-1258

Commander's Commentary cont.

from pg. 3

Work with each other and remind each other each day or UTA of the crucial tasks that must continue to be performed.

We need to be very organized in order to maintain our momentum. When we are organized, it is easier to accomplish more within those short two day UTA weekends. Good organizational skills maximize our efficiency by helping us concentrate our energies and time on core task training.

Remember to continue to use your checklists and define the tasks to be worked on. Break the steps of each item down into manageable, conquerable pieces. Work on your tasks every single day. A secret to creating momentum is keeping a focus on those tasks. Working on them daily, even if in small increments, is one of the things that make them easier to accomplish and maintain.

Do not over think it. In the words of Nike, JUST DO IT! Think of yourself as an athlete that has already spent many hours building momentum in small increments, daily training, consistent routines, and committed actions. Sound familiar?

Momentum helps us maintain vibrancy and strength even when we are under serious threat of derailment. No matter what you do, no matter where you are in the organization, ensure that you are constantly moving in the direction of the goal - being ready for that next inspection. You may slacken at times, even stumble, but always keep moving forward. Help your fellow airman and remind each other of the goal. We finished the inspections strong, now we need to maintain that strength!

Announcements

Visit MyPers online for 24/7 access to your personnel records

Did You Know... The myPers website provides a 24/7 online self-service capability to numerous personnel actions?

Log on to myPers.af.mil using your CAC:

1. Go to myPers.af.mil
2. Click the "CAC" Login" selection
3. Select the appropriate certificate
4. Input your Personal Identification Number (PIN #)
5. Review the home page and select from the helpful links to learn more about services available

--OR--

If accessing with your Username (User ID) and Password:

1. Go to myPers.af.mil
2. Click in the "User ID" box and input your user name
3. Click in the "Password" box and input your password
4. Click "LOG-IN"

Cannot remember your User ID and/or password? Click on the link, "Forgot your username or password?" and simply follow the steps provided. Please note using the "User ID/Password" option will limit access to some online self-service applications. The myPers website is your Total Force source for personnel information and online service. Go check it out!

Know a good dentist?

To all unit members:

With the retirement of Dr. Petro Krafcisin, our base is left with only one dental officer, Lt. Col. Todd Martin. With over 800 members and one dental officer, we need your help. The next time you are getting your teeth cleaned

or your cavity filled, ask your dentist about joining the 183d Fighter Wing. Many may not be aware of the benefits the Guard has to offer, such as TriCare,

possible retirement, lifelong friendships, and the pride associated with serving your country. Any questions regarding this position may be forwarded to:

Chief Master Sgt. Wayne Vorreyer (217)757-1359

wayne.vorreyer@ang.af.mil

Lt. Col. Todd Martin (217)757-1221

todd.martin@ang.af.mil



Retiree News

WE HAVE MOVED! As always, the retirees gather on the first Tuesday of each month to share breakfast and talk about the good ole days. We have now moved the location to **Leann's Parkway Cafe**, 2715 N. Dirksen Parkway, Springfield. Join them Tuesday, Sep 3. They say they meet at 8 a.m. but if you're not there by 7:30, the early birds have taken the good seats!

Announcements



Promotions!

TECHNICAL SERGEANT

Tech. Sgt. James M. Simmons 183MXS

Tech. Sgt. Oscar Feliciano 217EIS

STAFF SERGEANT

Staff Sgt. Jennifer S. Burg 183AIS

SENIOR AIRMAN

Senior Airman Cody A. Sims 183FSS

Senior Airman Jacob B. Thomas 183LRS

Welcome Aboard!

Maj. Todd J. Avritt 183ACOS

Tech. Sgt. Matthew D. McKee 183MDG

Staff Sgt. Justin W. Nelson 183MXS

Airman 1st Class Myles H.D. Chick 183CES

Airman 1st Class Blaine M. Roberts 183FSS

Retirements

Master Sgt. Lanina M. Clark 183FW/EO

Master Sgt. Richard L. Hand 183LRF

Tech. Sgt. Jeffrey A. Stott 183AMOS

Tech. Sgt. Christopher Walker 183SFS

Unit Spotlight



Who: Senior Airman Heather Dyer

What: Jet Engine Mechanic, Maintenance Squadron

When: Enlisted in the 183d, September 25, 2008

Why : I originally enlisted in the military in the delayed entry program during my senior year of high school (16 years ago!), but was then handed the responsibility of raising my younger brother, so I un-enlisted. Then, when my brother was grown and out on his own (he's a paratrooper in the Army), I enlisted with the encouragement of a friend, Heather Hartel, to see if I could do it and to help pay for finishing my degree.

Civilian Employment: Full-time technician in the engine shop.

Civilian/Military Correlation: I have a bachelor's degree in biology with a minor in chemistry, and I would like to bring together science and maintenance by getting our base more involved in the testing of alternative jet fuels. General Electric seems to favor the idea and we have the facilities and manpower. I also enjoy science talk with the Non-Destructive Inspection (NDI) Lab guys when I take over our oil samples to get tested for particles of wear metals.

Recent/Favorite Deployment: I would love to go on a deployment, but I have not yet had the opportunity.

183D Fighter Wing Family Day

Commodities Pavilion, State Fair Grounds
Sunday October 6, 2013, 1200

Come out and join us for a day filled with fun and excitement! Games (For all ages), Kids fishing, Bounce House, Pony Rides, Laser Tag, Music, Cookie Decorating, Food and more!

Lunch provided by Hickory River
BBQ pulled pork
Turkey
Potatoes
Green beans

For questions regarding Family Day, please contact Mrs. Toni Clark, or Staff Sgt. Christina Morrison, in the 183d Fighter Wing, Family Readiness Group.

toni.clark.ctr@ang.af.mil

christina.morrison@ang.af.mil

(217)757-1569



Family ~ Like branches on a tree,
We all grow in different directions,
Yet our roots remain as one.

Run To Remember



Fourth Annual "Run to Remember" 5K Walk/Run

Sunday, October 06, 2013
9:00 a.m. Start Time

Come out and help us remember those of the 183rd we have lost over the years.

Registration: Registration will be open to current Air and Army Guard members, retirees, and family. All personnel not in military status will be required to sign a waiver. Registration will be open until the day prior to the race. No race-day registration will be accepted.

Registration is \$20 (Race shirt not guaranteed if registered after Sept 27th).

Alternate Date and Time: Time and date subject to change due to mission requirements and weather.

Course: Will consist of an invigorating lap around The Illinois State Fair Grounds.

Amenities: Technical race shirt, water and sports drink at the half-way and finish line, fruit and bagels at the finish line.

Awards: Overall male and female winners will receive a special plaque and \$20 gas gift card. Male and female age group winners will receive \$10 gas cards. Age groups will be as follows:

17 and Under	40-49
18-29	50-59
30-39	60+

Contact: Chief Erin Roesch at ext. 576 Msgr Stults at ext. 275 or SrA Stroupe at ext. 446



Hosted by:
NCO Academy Graduates Association

Name: _____

Circle One: Military Retiree Family

Age on 10/06/2013: _____

Sex: Male Female Shirt Size: S M L XL XXL

Payment: Cash Check

(Please make checks payable to NCO Academy Graduates Association)

Thanks for your Support

Signature: _____



Family Readiness

HELP WANTED

The 183d Family Readiness and Support Group needs your help. We are trying to recruit members, both new and old and we would like your input. From previous members; what worked and what did not. From new members; what do you have to bring to the group and what you would you like to see incorporated into the group? So, let's band together, combine our ideas, and build a Family Support Group that we all will want to participate in. Please see me, Mrs. Toni Clark, Family Readiness Assistant for Volunteer Sign-up Forms.

Volunteer Sign-up Form

Unit: _____ E-mail Address: _____
Name: _____ Specialty: _____
Address: _____ Phone Number: _____
City: _____ State & Zip Code _____

Please return to: 183d Family Readiness Group, 3101 J. David Jones Parkway, Springfield, IL. 62707-5001
Phone: 217.757.1569 email: toni.clark.ctr@ang.af.mil

If you have a member of your family that is a past or current member of the 183d, or have information that a current or past member of the 183d has passed away recently, please contact Mrs. Toni Clark, Family Readiness Assistant. We want to ensure that no one is forgotten for the annual Wreath Laying Ceremony commemorating all past and current members that have lost their lives each year. The Family Support Group is still sending sympathy cards to all deceased members' families as well, but once again, we need the information. You can contact Mrs. Toni Clark by e-mail at: toni.clark.ctr@ang.af.mil or by calling 217-757-1569.

- 1. AUTHORITY:** U.S. Code: Title 10, Subtitle E, Part I, Chapter 1007, Section 10204, and other subsets of Title 10.
- 2. PURPOSE:** To collect the information necessary to process the action indicated by the form you are completing
- 3. ROUTINE USES:** This information will not be disclosed outside the Department of Defense.
- 4. DISCLOSURE:** Voluntary. However, failure to provide the information requested will result in the form not being processed, and may result in a denial of the intended action.

Vacancies

To inquire about the following officer vacancies, contact Master Sgt. Matt Allen at 217-757-1292 / DSN 892-8292 if interested in applying for these positions. Prior service members are encouraged to explore these exciting new opportunities.

52R3	Chaplain	48R3	Res Trnd Flt Surg
11F3Y	Fighter Pilot	13S4	Space and Missile
48A3	Aero Med Spc	12F4Y	Fighter CSO
17D3B	Cyberspace Ops	12F4W	Fighter CSO
35P4	Public Affairs	12B4Y	Bomber CSO
10C0	Ops Commander	12M3T	Mobility CSO
41A4	Health Service Admin	11F4Y	Fighter Pilot
32E4	Civil Engineer	11F4U	Fighter Pilot
21R4	Log Readiness		
21R3	Log Readiness		
16G4	AF Ops Staff Off		

To inquire about the following enlisted vacancies, please contact Master Sgt. Matt Allen at 217-757-1292 / DSN 892-8292. Members applying for these positions must currently hold the AFSC for the position being applied for. Additional positions are available for new Guard members and transfers from active duty.

2S071	Material Mgt	1N171A	Geospatial Intel
3M051	Services	2A571	Aircraft Maint
3D156	Airfield Sys	3D173	RF Trans Sys
3D157	Cable & Antenna Sys	4N071	Aerosp Med Svc
1C072	Avi Resource MG	3D071	Know Ops Mgt
1C571	C2 Battle Mgt Oprs	3E072	Elec Pwr Production
2A651C	Aerospace Prop	3E671	Ops Mgt
2A652	Aerospace Grd Equ	1C771	Air Mgt
3E451	Water/Fuel Sys Maint		