



FALCON'S VIEW

183d Fighter Wing

Illinois Air National Guard, Springfield, Il.

January 2016, Vol. XV, No.1

Leaning forward...

by Col. John E. Patterson
Commander, 183d Fighter Wing

Greetings once again from Wing leadership. I want to take this opportunity to thank you again for another great year in the books, and wish everyone all the very best for a Happy New Year! As I write this, Congress has finally passed a budget for 2016, and the President has signed the appropriations bill, so we can get on with the program.

Also as of this writing, the Organization Change Request (OCR) for the AOG has been approved (only seven years in the making!), the Organization Activation Letter (OAL) has been signed, and the G-Series order has been published, marking the official establishment of the 183d Air Operations Group (183AOG)! If all goes well, we will put together an activation ceremony sometime during Jan drill. Next up will be the change of the Wing designation, and we are working with National Guard Bureau (NGB) and the Air Force to arrive at a suitable name to carry into the future. The wheels of progress are sometimes a little slow...

A look into that future indicates that 2016 will look a lot like 2015, in terms of similar engine production for the MXS, continuing base upgrades

courtesy of the Mission Support Group (MSG), various infrastructure jobs and returning deployers for EIS, lots of physicals for Medical Group, and the AOG looking to ramp up folks for their deployment, as well as continuing development of Joint Task Force- Illinois (JTF-IL). One subtle difference will be an increased emphasis on our Air Force Inspection System (AFIS) program, as our CAPSTONE event is less than 18 months away. We will soon have the rest of our IG team in place, and will set forth a plan for success that we can navigate this year.

In terms of outstanding performance, we had another banner year and I would like to recognize the following award winners. At the national level, our MDG took home honors for the Biomedical Category III Officer of the Year (Lt. Col. Thomas DeTorres), Outstanding Excellence in Nursing Leadership Award (Lt. Col. Melanie Proffitt), Senior Non Commissioned Officer Leadership Award (Master Sgt. Kayla Smith), and Senior Non Commissioned Officer Clinical Support Excellence Award (Master Sgt. Danika Wilson). Closer to home, another MDG member is the Col. Philip D. Quintenz Leadership Award

recipient (Senior Master Sgt. Jason Pals). Our local Outstanding Airman of the Year and moving on to state competition, are Senior Airman Sean Kenzel, 183d Air Operations Squadron, Tech. Sgt.

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Important Information

Social Media

Get connected with the 183d Fighter Wing by liking us on Facebook. You can also stay in touch many other military organizations and publications by clicking on their social media or web links below.



183d Fighter Wing
Public Website

Attention!

The deadline
for the February
2016 issue of
the Falcon's
View is, 1700,
9JAN.



SATURDAY, January 9

Grilled Chicken
Lasagna
Rice Pilaf
Vegetable Medley
Peas and Mushrooms
Garlic Bread
Tossed Salad

SUNDAY, January 10

Italian Beef
Pulled Pork
Cole Slaw
Baked Beans
Carrots
Tossed Salad

**Menu subject to change*

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What is a WEBHA and Why is it Important?

by Senior Master Sgt. Misty Duncan
183d Medical Group

Each year, usually around your birth month, the Medical Group asks you to complete a Web based Health Assessment (Web HA). The Web HA is an annual requirement that asks medical related questions to help the Medical Group determine your medical status. This is your chance to let the medical providers know if you have any medical conditions or concerns that you would like to discuss with them. The Web HA gives us a quick look at your medical history over the last year. The system automatically flags priority and critical items. If you are flagged, you will be scheduled an appointment with one of our providers for the following UTA. At that time all flagged items are addressed with you by the provider. If a medical profile (AF 469) is required for any type of restriction whether it be duty, fitness or mobility, the AF469 will be created during your appointment with the provider.

It is imperative that you are completely honest when completing your Web HA. Remember, this is the only document that we have to help us determine if you are medically worldwide qualified for duty, mobility and fitness. If you are taking any medications please be sure to list them on your Web HA to include the dosage, start date and the reason why you are taking them (diagnosis). If you had any recent surgeries or injuries please list those as well. Keep in mind, the Web HA is a snapshot of your health history. Please be as clear as you can so our medical staff is able to review your health assessment as thoroughly as possible. Our providers are only required to actually see patients, face to face, every five years during your long physical exam. Therefore, we rely heavily upon your accurate completion of the Web HA.

The Web HA is also a good time to notify us of any new or chronic conditions that may affect your completion of certain components of your annual Fitness test. Please know that Fitness Restriction AF469s are only good for one year. If you have a condition or restriction that will never change, then you need to be sure to provide the Medical Group with an updated "Civilian Physician Restriction Letter" each year. This allows our providers the opportunity to create new AF 469 fitness restrictions for you. This form can be found on our Medical Sharepoint

page under the *Documents* tab.

Annual Web HA completion is a crucial part of your Individual Medical Readiness (IMR). IMR statistics are reported to squadron commanders monthly. IMR non compliance is also sent to your commanders and squadron healthcare monitors on a monthly basis. You can complete your Web HA and check your own IMR status in ASIMS by going to our base's SharePoint page. Click on the *Quick Links* tab and then you can choose between the *WebHA* and the *ASIMS* (Medical Readiness) links under the *Medical* heading. You can even print your own Immunization Record from the ASIMS link.

If you have any medical questions related to IMR or Web HAs, please feel free to call us at 217-757-1221. Please help us keep the 183d's overall medical readiness rates high by keeping your IMR current each year.

MISTY L. DUNCAN, SMSgt, ILANG
Health Systems Technician, 183d MDG
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LEANING FORWARD, from front page

Faith Patton, 183d Comptroller Flight, Master Sgt. Daron Poage, 183d Air Operations Squadron, and First Sergeant, Master Sgt. Troy Watkins, 183d Maintenance Squadron. Thank you for representing us in outstanding fashion, and best of luck at state. We couldn't be any prouder!

As I indicated last month, while the Air Force and Air National Guard struggle as a whole, we continue to churn away, conducting business-as-usual in an enviable manner. We will continue to engage senior leaders to be considered for new and additional missions that are complementary to our current ones. We will continue to recruit and retain great members, challenge them with engaging and meaningful training, and hold each other accountable for our performance. We are the nation's First Choice, Proven Choice, and Enduring Choice in Homeland Defense, Warfighting, and State Partnerships, and we will continue to do our part to ensure we remain a relevant force long into the future! Let's hit the New Year running and show the rest of the world how it's done in 2016. Cheers!

Chaplains Corner

Conflicts

by Lt. Col. Jeffrey Laible
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“Seek first to understand, then to be understood”, Steven Covey.

If you are alive, then you have to deal with conflict. Sometimes conflicts are small, other times large, but almost always dealing with conflict is stressful. Limited day light hours, colder temperatures, too much time indoors and not enough physical exercise can increase the level of conflict we deal with. So here are six steps to navigate conflict:

1. Ask yourself honestly, “Am I part of the problem? What might I have misinterpreted or misunderstood?”
2. Approach in private. If you still feel the need, first approach the person in private. Do not go talk with others, rally support for your viewpoint, or otherwise malign the individual. This is destructive.
3. Seek first to understand. Ask the individual to explain his or her point of view until you can repeat it and the person feels as if you understand his or her point.
4. Focus on solutions, not problems. Be solution centered. Ask, “what would it take for both of us to feel good about resolving this challenge?”
5. Use an unbiased third party. If a personal meeting leaves issues unresolved, request a meeting with a mutually agreeable, unbiased third party.
6. Forgive and move on. If all else fails, let go and let God. Bitterness destroys whatever container it is kept in. Unresolved conflict is acid on the heart. It does you no good.



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Fax (217)757-1509

Protestant Service: Saturday 12:30 p.m.

Catholic Mass: Sunday 8:30 a.m.

*** Times may be subject to change**

Winter weather and driving

Master Sgt. Tad Mayhall

Weapons Safety Manager

tad.a.mayhall.mil@mail.mil



Winter weather is here for us in Central Illinois, and with a little planning, we can help increase our safety during winter travel. Driving in the winter means snow, sleet, and ice that can lead to slower traffic, hazardous road conditions, and long delays and commutes. To help you make it safely through winter, here are some suggestions from the National Safety Council to make sure that you and your vehicle are prepared.

Pay attention to the local weather conditions. At any temperature—20 degrees Fahrenheit below zero or 90 degrees Fahrenheit above—weather affects road and driving conditions and can pose serious problems. It is important to listen to forecasts on radio, TV, cable weather channel, or forecasts in the daily papers. Most weather services now have apps to help in getting timely information about severe weather.

Being prepared can make a big difference in preventing issues and keep minor events from becoming disastrous. Prepare your car for winter. Start by giving your vehicle a good inspection. Inspect the ignition, brakes, wiring, hoses and fan belts. Check the condition of the battery. Batteries ability to produce power drops as temperatures fall. A marginal battery that works in warmer weather could leave you stranded at very inopportune times. Inspect tires for correct air pressure, sidewall wear and tread depth, and to see if they need rotated or replaced.

An emergency situation on the road can arise at any time and, and preparation can help make the most of a bad situation. When heading out you should have a full tank of gas and your trunk should carry:

- A shovel
- Jumper cables
- Tow and tire chains
- A bag of salt or cat litter
- Tool kit

- A properly inflated spare tire, wheel wrench and tripod-type jack

Be prepared with a “survival kit” that should always remain in the car. Replenish after use. Essential supplies include:

- Working flashlight and extra batteries
- Reflective triangles and brightly-colored cloth
- Compass
- First aid kit
- Exterior windshield cleaner
- Ice scraper and snow brush
- Wooden stick matches in a waterproof container
- Scissors and string/cord
- Non-perishable, high energy foods like unsalted canned nuts, dried fruits, and hard
- Candy
- Candle

In addition, if you are driving long distances under cold, snowy, and icy conditions, you should also carry supplies to keep you warm, such as heavy woolen mittens, socks, a cap, and blankets. If you become stranded do not leave your car unless you know exactly where you are, how far it is to possible help, and are certain you will improve your situation. To attract attention, light two flares and place one at each end of the car a safe distance away. Hang a brightly colored cloth from your antenna. If you are sure the car’s exhaust pipe is not blocked, run the engine and heater for about 10 minutes every hour or so depending upon the amount of gas in the tank. To protect you from frostbite and hypothermia use the woolen items and blankets to keep warm. Keep at least one window open slightly. Heavy snow and ice can seal a car shut. Eat a hard candy to keep your mouth moist.

Dress for the conditions when you have to work or play outdoors. Layering of light clothing works better than single heavy layers. Watch for signs of hypothermia and frostbite, especially in children and the elderly. Slips and falls occur every year here on base and send many people to emergency rooms. Clear walks when possible and exercise caution in icy conditions. Keep warm and be prepared for winter weather.

Have a safe, fun, and enjoyable winter season!

Recommended records review

*by Senior Master Sgt. Joe Hicks
183d Force Support Squadron*

It is each member's responsibility to ensure that their military records are up-to-date and accurate. Take some time each month to review a portion of your military records to ensure that your information is current. One small error could make a big difference to your career, benefits, or entitlements.

The Force Support Squadron will post a series of articles this year, with a different focus each month. For January we will begin with your INDIVIDUAL INFORMATION. This is basic personal information that you can easily review (and in some cases update) in the Record Review section of the Virtual Military Personnel Flight (vMPF).

To review your INDIVIDUAL INFORMATION, log in to the vMPF & navigate to: Self-Service Actions / Personnel Data / Record Review/Update / Individual

Here you can review the following data items:

- Name**
- Rank**
- SSN**
- Marital Status** AND Spouse's Military Status**
- Total Number of Dependents** AND Dependents in Household**
- SGLI Amount**
- Personal E-Mail Address* AND Duty E-Mail Address*
- Home Phone* AND Business Phone*
- Home Address* AND Mailing Address*
- Race* / Ethnicity* / Hispanic Declaration*
- Religious Preference*
- Date of Birth** AND Place of Birth**
- Citizenship**
- Civilian Occupation*

*Information can be updated by member in vMPF

**Information can only be updated by 183 FSS/

Customer Service (source document required)

If you have any questions about the data contained in the vMPF, you may contact the Customer Service Office at 217-757-1308 or e-mail: usaf.il.183-fw.list.fss-customer-service@mail.mil

Residency Trained Flight Surgeon Needed: Illinois Air National Guard

There are few professions as rewarding as caring for the health of others. Are you interested in a part-time position that affords you the opportunity to do something out of the ordinary? As an Air National Guard Health Professional, you will address the medical needs of members serving at home and occasionally abroad. You could also serve in the wake of a natural disaster or similar emergency in your community.

The Illinois ANG Medical Group is seeking physicians for their Residency Trained Flight Surgeon positions. This profession administers the Aerospace Medicine Program, conducts medical examinations and provides medical care for over 900 base members to include flyers. In this role, you'll also evaluate living and working environments to detect and control health hazards and prevent disease and injury within the Air Guard community.

The benefits are extraordinary! The Air National Guard gives you the opportunity to serve your community and country with pride, and help people in a whole new way. Besides a monthly paycheck, as a member of the Air Guard you'll have the option to receive low-cost life insurance, a military retirement plan, eligibility for VA home loans access to Base Exchange and Commissary shopping as well as free available air travel. Qualifications vary depending upon required skillsets, for inquiries please contact Master Sergeant Matthew J. Allen at (217) 757-1292 Cell: (217) 971-3574.

Announcements

*Welcome
Glad you're here!*

CONGRATULATIONS



LIEUTENANT COLONEL

Leo E. Daub 183AOS

SENIOR MASTER SERGEANT

Kurt O. Elrich 183MXS

MASTER SERGEANT

Rebecca A. Barton 183FW

Rachael J. Coleman HQ/ILANG

Aaron O. Johnston 183FSS

Rebecca L. Velazquez 183FSS

David M. Vice 183FSS

TECHNICAL SERGEANT

Mitchell J. Shelton 183CES

STAFF SERGEANT

Derek A. Butts 183LRF

SENIOR AIRMAN

Joshua D. Thomas 183MXS

Lance W. Alaria 183CES

Maj. Eric T. Vaughn HQ/ILANG

Maj. Marchello T. Grady 183ACOS

Capt. Evan J. Bonnett 183ACOS

Capt. Steven P. Poettker 183AIS

Staff Sgt. Kevin D. Stonecliffe 183ACOS

Senior Airman Zachary A. Schmitt 183ACOMS

Airman 1st Class Natane E. Butler 183AMOS

Airman 1st Class Aaron B. Cable 217EIS

Airman 1st Class Nicholas A. Dellert 183ACOS

Airman 1st Class Christine A. Durham 183CES

Airman 1st Class Kevin M. Ray 183SFS

Airman 1st Class Hannah L. Songer 183MDG

RETIRED

Master Sgt. Brandeanna SM Breden 183AOS

Master Sgt. Richard A Davis Jr. 183AIS

As always, the retirees gather on the first Tuesday of each month to share breakfast and talk about the good ol' days. We have now moved back to our previous location inside **KINGPIN LANES**, 3115 E. Sangamon Ave. Join them Tuesday, October 6th. They say they meet at 8 a.m. but if you are not there by 7:30, the early birds have taken the good seats!

Announcements

**OFFICER VACANCY ANNOUNCEMENT
183D FIGHTER WING
3101 J. DAVID JONES PARKWAY
SPRINGFIELD, IL 62707-5001**

TITLE: Wing Inspector General

AFSC: 87G0

UNIT OF ASSIGNMENT: 183d Fighter Wing (C81CFL5S)

AUTHORIZED GRADE: Lieutenant Colonel /O-5

OPENS: 11 January 2015

CLOSES: Open until filled

SELECTION BOARD: TBD

SELECTING OFFICIAL: Col. John E. Patterson, 183 FW/CC

REMARKS: Applicant must; be either a Major/O-4 or Lieutenant Colonel/O-5, meet physical fitness requirements IAW AFI 36-2905, have demonstrated ability to prepare written reports, have No Unfavorable Information File, civil convictions (other than minor traffic violations), or open IG investigations.

WHAT TO SUBMIT: All interested applicants must submit the following documentation:

- **Resume:** include information pertaining to past/present military & civilian work experience
- **Record Review:** available on the virtual MPF or by contacting your CSS
- **Current Air Force Fitness Test**

SUBMIT APPLICATIONS TO:

Col. John Patterson
183 FW/CC
3101 J. David Jones Parkway
Springfield, IL 62707-5001

Questions about interviews or selection should be directed to:

Col. John Patterson

Comm: (217) 757-1219

DSN: 892-8219

john.e.patterson23.mil@mail.mil

Announcements

WING INSPECTOR GENERAL

1. Special Duty Summary. Plans, directs, conducts, and manages all Wing Inspector General (IG) programs. Provides policy guidance, procedures, planning, oversight, and direction for implementing the Air Force Inspection System, Complaints Resolution Program, and Fraud, Waste, and Abuse (FWA) Program and the Commanders' Inspection Programs (CCIP) at wing/wing equivalent level. Related DoD Occupational Group: 271200.

2. Duties and Responsibilities:

2.1. Directs, conducts, and leads all Wing IG activities. Operates and manages the Wing Office of the Inspector General, responsible for overall operation, administration, and management of Wing IG inspections, Complaints Resolution, FWA Program, and Commanders' Inspection Program (CCIP).

2.2. Organizes IG activities. Develops, establishes, and controls methods and procedures to implement IG policies and programs. Provides oversight and policy guidance concerning IG programs, plans, requirements, management, education and awareness initiatives.

2.3. Provides IG support. Maintains liaison with MAJCOM/IG and SAF/IG where appropriate to receive, process, refer, and manage Wing Inspection information, resources, assets, and activities to support operation and management of the Air Force's Inspection and Complaints Resolution and FWA Programs. Certifies Wing IG personnel and evaluates IG programs and activities.

3. Special Duty Qualifications:

3.1. Knowledge. Knowledge of Air Force Inspection objectives, leadership and management concepts and their relationship to mission accomplishment is mandatory.

3.2. Education. For entry into this SDI, a Master's degree in management, industrial management, education, psychology, criminal justice, public administration, or business administration with a major in management is desirable.

3.3. Training. For retention of this SDI, completion of the Air Force Basic Inspector and Installation Inspector General Training Course taught by SAF/IGQ is mandatory. Wing Inspectors General assigned to Nuclear Certified Units must also attend the Air Force Nuclear Inspectors Course.

3.4. Experience. Previous IG and command experience at the unit, wing or MAJCOM is highly desired.

3.5. Other. The following are mandatory as indicated:

3.5.1. For entry into this specialty, recommendation by unit commander.

3.5.2. For entry and retention of the SDI:

3.5.2.1. Must meet requirements listed in Chapter 8 of AFI 90-201, The Air Force Inspection System.

3.5.2.2. No Unfavorable Information File, civil convictions (other than minor traffic violations), or open IG investigations.

3.5.2.3. Demonstrated ability to prepare written reports.

Family Readiness

HELP WANTED

The 183d Family Readiness and Support Group needs your help. We are trying to recruit members, both new and old and we would like your input. From previous members; what worked and what did not. From new members; what do you have to bring to the group and what you would you like to see incorporated into the group? So, let's band together, combine our ideas, and build a Family Support Group that we all will want to participate in. Please see me, Jessica Bode, Family Readiness Assistant for Volunteer Sign-up Forms.

Volunteer Sign-up Form

Unit: _____ E-mail Address: _____
Name: _____ Specialty: _____
Address: _____ Phone Number: _____
City: _____ State & Zip Code _____

Please return to: 183d Family Readiness Group, 3101 J. David Jones Parkway, Springfield, IL. 62707-5001
Phone: 217.757.1569 email: jessica.a.bode2.civ@mail.mil

If you have a member of your family that is a past or current member of the 183d, or have information that a current or past member of the 183d has passed away recently, please contact Jessica Bode, Family Readiness Assistant. We want to ensure that no one is forgotten for the annual Wreath Laying Ceremony commemorating all past and current members that have lost their lives each year. The Family Support Group is still sending sympathy cards to all deceased members' families as well, but once again, we need the information. You can contact Jessica Bode by e-mail at: jessica.a.bode2.civ@mail.mil or by calling 217-757-1569.

- 1. AUTHORITY:** *U.S. Code: Title 10, Subtitle E, Part I, Chapter 1007, Section 10204, and other subsets of Title 10.*
- 2. PURPOSE:** *To collect the information necessary to process the action indicated by the form you are completing*
- 3. ROUTINE USES:** *This information will not be disclosed outside the Department of Defense.*
- 4. DISCLOSURE:** *Voluntary. However, failure to provide the information requested will result in the form not being processed, and may result in a denial of the intended action.*

Vacancies

To inquire about the following vacancies, contact Master Sgt. Matt Allen at 217-757-1292 / DSN 892-8292.

ENLISTED

1C852	Airfield Systems	3E052	Elec Pwr Production
2A571	Aircraft Maintenance	3P051	Security Forces
2A651F	Aerospace Propulsion	4N071	Aerospace Med Svc
3D151	Client Systems	6F051	Financial Management/Comp
3D174	Spectrum Operations	6F071	Financial Management/Comp

OFFICER

10C0	Operations Commander	17S4Y	Cyber Warfare Ops
11F3Y	Fighter Pilot	21R3	Logistics Readiness
11F4B	Fighter Pilot	32E3G	Civil Engineer
11M4S	Mobility Pilot	38P3	Personnel
11M4T	Mobility Pilot	43H3	Public Health
11R4A	Recon Surveil EW PL	43H4	Public Health
12B4Y	Bomber CSO	46F4	Flight Nurse
12F4W	Fighter CSO	48A4	Aero Med Spc
12F4Y	Fighter CSO	48G4	GMO Flight Surgeon
12M4S	Mobility CSO	48R3	Res Trnd Flt Surg
12M4T	Mobility CSO	61A4	Ops Research Analyst
13B4B	Air Battle Manager	64P4	Contracting
14N4	Intelligence	87G0	Wing IG
15W4	Weather	87I0	Wing Inspections
16G4	Air Ops Staff	87Q0	Complaints Resol
17D4Y	Network Operations	97E0	Executive Officer

